



Funding Application and Criteria

2026

GENERAL INFORMATION

The Aberdeen Health Foundation’s charitable purpose is to provide programs that support the delivery of health care in Pictou County. Our vision is a Pictou County where every person can attain their best health.

The goal of Aberdeen Health Foundation funding is to ensure quality health care close to home and invest in programs that improve the health of the whole community, with a focus on addressing barriers that prevent people from achieving their full health potential. We know that some people in our community are systemically disadvantaged (low income, visible minorities, people living with disabilities, women, etc), meaning they have fewer resources to support their health and require additional supports to help them thrive and be healthy. We welcome applications from community partners that will make a meaningful and lasting impact on health care and the health of Pictou County.

Currently, we are prioritizing funding for projects that target:

- Population Health
- Mental Health
- Patient Access & Equity

ABERDEEN HEALTH FOUNDATION ELIGIBILITY CRITERIA AND FUNDING GUIDELINES

Qualified programs must have a demonstrated health outcome, addressing the prevention, treatment, or management of a health and/or mental health condition. Additionally, funding will be considered for programs that:

- Focus on the improvement of the health status of Pictou County, with preference given to programs that reduce barriers to achieving optimal health outcomes among systemically disadvantaged population groups, see Appendix B for description;
- Applications from municipalities and academic institutions must demonstrate collaboration with community organizations;
- Proposals shall demonstrate financial need;
- Proposals shall demonstrate fulfillment of a need within the boundaries of Pictou County;
- Proposals for programs where funding comes from additional funding partners will be welcomed. Applicants shall provide information regarding other applications for funding of the same program, disclose other concurrent applications for funds pertaining to the same program, and agree that funding agencies, including the Aberdeen Health Foundation, may share information regarding the program with other funding agencies;
- Proposals for funding shall be submitted on a per-program basis. In exceptional circumstances, with proven measured and ongoing success, programs may be considered for renewal but will be required to re-apply;
- Proponents shall provide evidence of a satisfactory financial records system;

- Programs must be delivered by people who are trained/qualified/certified to deliver such programming;
- Applications for food security will not be considered; however, programs that use food and food preparation to introduce participants to health and nutrition will be considered. Such applications must demonstrate a programmatic approach that is evidence-based to achieve a specific health outcome;

ONLY QUALIFIED DONEES HOLDING A CANADA REVENUE AGENCY CHARITABLE NUMBER SHALL BE CONSIDERED. ORGANIZATIONS THAT DO NOT MEET THIS CRITERIA CAN DO SO BY PARTNERING WITH A COMMUNITY AGENCY THAT DOES.

Under the Income Tax Act, qualified donees are organizations that can issue official donation receipts for gifts they receive from individuals and corporations. They may also receive gifts from registered charities.

QUALIFIED DONEES include but are not limited to the following:

- A registered charity;
- A registered Canadian amateur athletic association;
- A registered housing corporation resident in Canada constituted exclusively to provide low-cost housing for the aged;
- A registered Canadian municipality;
- A registered municipal or public body performing a function of government in Canada.

THE FOLLOWING WILL NOT BE CONSIDERED

- Retroactive applications;
- Programs or activities that qualify for government or other funding;
- Programs or activities which DO NOT focus on the improvement of the health of the population of Pictou County;
- Applications that do not follow the application format.

APPLICATION PROCESS

Applications will be welcomed by the Aberdeen Health Foundation through the following processes:

- Applications are available at www.aberdeenhealthfoundation.ca/Qualified-Donee-Funding-Application;
- Completed applications are to be emailed in PDF format to the Foundation Office;
- Applications will be evaluated according to the eligibility guidelines and funding criteria. Applicants who meet eligibility guidelines may be invited to discuss their program before final recommendations are made for approval by the AHF Board;

- The Aberdeen Health Foundation office will notify applicants in writing of the outcome of their application;
- Successful applicants will receive 75% of the approved funds at the start of the program. Prior to receiving the final 25% of the total funded amount, applicants must submit:
 - An interim report outlining the progress to date, including expenses incurred, program changes that have impacted the budget, and all funding sources for the program;
 - A final report that includes:
 - A financial report detailing the utilization of all funding from AHF;
 - A summary of the results and overall evaluation of the program (i.e. were objectives met/exceeded; were there unanticipated outcomes etc.).

TIMELINES

The Aberdeen Health Foundation funding cycle renews annually January 1st. Applications may be submitted at any time. The Foundation meets monthly, except June, July, August, and December. Depending on the time of year and application volumes, the average time for processing applications is 30 - 90 days.

RESPONSIBILITIES OF APPLICANTS

- To complete the application form, answer the questions in full, and attach the following documents:
 - Letters from any community partners involved with the program confirming their participation;
 - Letters of support from appropriate sponsors and/or relevant community agencies;
 - The most recent Financial Statements for the organization;
 - A detailed budget for the program.
- To ensure the group/organization receiving the funding adheres to all Provincial and Federal regulations;
- To ensure the organization has on file current Child Abuse Registry Forms and Criminal Record checks for all individuals on the program that will be in direct contact with children and youth;
- Upon notification of funding approval:
 - Sign a funding agreement with the Aberdeen Health Foundation and ensure the funding is spent as proposed in the program details of the approved application;
 - Ensure reports, receipts and budget updates are submitted to the Aberdeen Health Foundation as directed;

- Give permission to the Aberdeen Health Foundation to use information, testimonials, and any images/photos related to programs funded for AHF electronic use, print publications, and/or use by news media subject to permission being granted by individuals in pictures.
- NOTE: Failure to submit reports in a timely manner may preclude funding for future programs.

For further information contact:

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Aberdeen Health Foundation
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APPLICATION FORM - ABERDEEN HEALTH FOUNDATION FUNDING

All correspondence must be legible, organized, and include all supporting information and documentation.

Program Name:

Group/Organization Name:

Charitable Purpose of the Organization:

Contact Person:

Title:

Mailing Address including Postal Code:

Telephone Numbers - Work:

Please indicate preferred number for us to contact

Cell/Other:

Email Address:

Website Address:

Signing Officers for the organization:

Name of Organization acting as Qualified Donee (as Registered with Canada Revenue Agency):

Canada Revenue Agency charitable number:

SIGNATURE OF APPLICANTS

Application to be signed by the legal authorized signing authority for the proponent organization.

Signature of Signing Authority 1

Signature of Signing Authority 2

Please Print or Type Name

Please Print or Type Name

Title & Organization

Title & Organization

Dated: _____

Dated: _____

I have verified that the organization has a current copy of the Child Abuse Registry Forms and Criminal Record checks for all individuals on the program that will be in direct contact with children and youth.

Initials of Applicants

PROGRAM SPECIFIC INFORMATION

To ensure the information you provide is detailed and to the point, consider using bullet points to answer the questions. Please ensure your application includes the following documents:

If applicable, letter(s) from community partners involved with the program confirming their participation;

First time applicants, letter(s) of support from relevant sponsors, community agencies or organizations;

Most recent **Financial Statements** for the organization;

A **Detailed Budget** for the program, including related expenses that will be funded from other sources and the value of any in kind support (i.e. value of donated supplies), net of any HST rebates or ITC (Input Tax Credits) claimed by the organization. For example, your program includes hiring a consultant to deliver a new best practice workshop to your staff. The quote is for \$1,000 plus \$150 HST, for a total of \$1,150. Your charity plans to claim 50% of the HST. Therefore, your detailed budget/funding request should be for: \$1,000 plus \$75 HST. **See Appendix A for a Budget Template.**

1. Is the primary outcome of your program intended to be a health outcome?

A health outcome is a change in health status of participants as a result of participation.

In order to qualify for funding, the primary purpose of the program must support a health outcome with respect to the treatment, prevention, control, or management of a physical or mental health condition.

YES

NO

2. What is the program and what are the objectives of the program?

Describe your program and the health outcomes it will deliver.

3. How and to what extent does your program adhere to existing evidence-based or best practice standards with demonstrated effectiveness?

4. Outline the qualifications and credentials of the individuals that will develop and/or lead the program.

5. Who is the target group for your project? Describe the target population size, geography, and other demographic characteristics where possible.

6. Health Equity: Some individuals and groups have health advantages due to a number of interrelated social, political, and economic factors. Systemically disadvantaged populations have fewer resources to support their health and require additional supports to help them thrive and be healthy. **How will your program foster or apply a health equity lens?** See Appendix B for more information.

7. **How do you plan to evaluate the program; ie, what tools will you use to measure your success?** Evaluation should specifically measure the achievement of each of the objectives and desired impacts you have outlined above), such as monitoring behaviour change, participation rates, participant feedback, self-reporting of mental health and wellbeing, etc.

8. **What is the program duration and where will your program take place? (At what specific location(s)?)**

9. If applicable, describe any community partners, organizations, or agencies that will participate in the development and implementation of the program.

10. Other funding sources:

a) Have you investigated other sources of funding before applying to the Aberdeen Health Foundation?

YES

NO

b) Will you apply for funding from other sources for this program?

YES

NO

c) At the date of this application, have you applied for, been approved for, or received funding from other sources for this program?

YES

NO

If you answered YES above, please provide details, including application date, amount requested, name of funding agency, and status of application.

11. How will the program's activities continue beyond the Aberdeen Health Foundation's funding? Does this program have potential to become self-sustaining? Will it continue after the completion of the funding?

12. Due to funding availability, the Foundation may be able to provide only partial funding. Do you have an alternative plan should you not receive full funding? If so, please provide details.

13. How has your organization demonstrated the ability to successfully deliver programs in the past?
Note: Past funding from the Aberdeen Health Foundation should be summarized here.

APPENDIX A

Program Budget

Expense Item: (Eg., Consultant)		
Expense Item: (Eg., Program Materials)		
Expense Item: (Eg., Room or Equipment Rental)		
Expense Item: (Eg., Travel/Mileage)		
Expense Item: (Eg., Other)		
Expense Item:		
Expense Item:		
Expense Item:		
Expense Item:		
Expense Item:		
Expense Item:		
Total Program Cost		
Less: In-Kind		
Less: Contributions from other Funders		
Less: Recoverable HST		
Amount Requested from Aberdeen Health Foundation		

APPENDIX B

Health Equity

One's health is influenced by the conditions in which one lives, learns, works, and plays, in addition to one's biological and genetic heritage. Some individuals and groups have health advantages due to a number of interrelated social, political, and economic factors. Systemically disadvantaged and underserved populations (e.g. low income, women, people living with disabilities, visible minorities, etc.) have fewer resources to support their health and require additional supports to help them thrive and be healthy. Health Equity means that everyone has a fair and just opportunity to be as healthy as possible.

The following are critical determinants of health for individuals, families, and communities:

Health Services:

Everyone needs access to services that prevent and treat disease as well as maintain and promote good health.

Healthy Child Development:

Early childhood experiences influence coping skills, resistance to health problems and overall health and wellbeing for the rest of one's life.

Personal Health Practices and Coping Skills:

Adopting healthy practices and having skills to cope with life's circumstances help people to stay healthy and safe.

Income and Social Status:

There is a gradient in health across the income spectrum. Lower income populations often experience economic and social exclusion.

Social Support Networks:

People who have the support of family, friends and communities feel more connected to others and have better health.

Education and Literacy:

Low education levels are linked to poor health, more stress, and lower self-confidence.

Employment and Working Conditions:

Employment provides income, a sense of personal identity, and the means to acquire the resources needed to be healthy. Unemployment or underemployment can contribute to stress and exclusion.

Social Environments:

The values and norms of a society influence health and wellbeing. A supportive society helps individuals reduce or avoid many potential risks to good health.

Physical Environments:

Clean air and water, adequate housing, safe neighbourhoods and adequate transportation are needed for good health.

Biology and Genetic Endowment:

Some people have health advantages or disadvantages due to their biological make-up, but even people with disadvantages live full and healthy lives when their environments support their growth and development.

Gender:

Society places different expectations on people of various genders, including gay, lesbian, bisexual and transgendered people. Gender intersects with other health determinants to create circumstances that either support or challenge health and wellness.

Culture:

Customs, traditions, and the beliefs of the family and communities all affect health.

Aboriginal Ancestry:

First Nations and Aboriginal people have higher rates of food insecurity, lower levels of education and employment, and higher rates of illness and injury, all tied to their history of colonization and discrimination.

Race:

Racialized populations (immigrants, visible minorities) experience higher rates of unemployment and under-employment, and both economic and social discrimination. New immigrants may experience deterioration of their health over time relative to other Canadians.

Determinants Adapted from:

Government of Canada

J. Mikkonen & D. Raphael. (2010) *The Canadian Facts*